

4

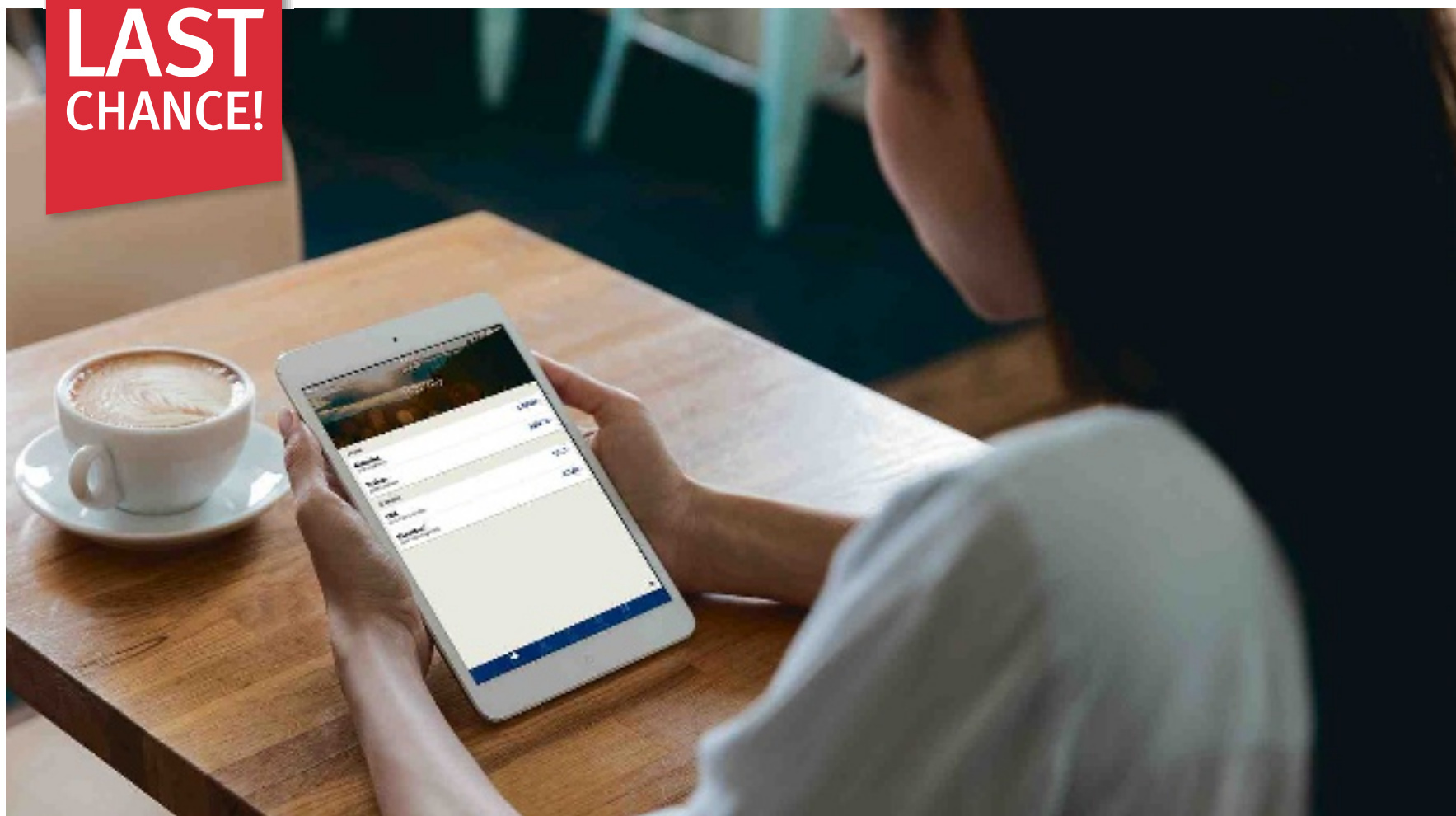
DAYS LEFT.

Don't miss out.

Look inside for details.



**LAST
CHANCE!**



What's better than unlimited free e-Transfers? How about sending them with a complimentary iPad mini 2.

**Now's the time to switch to all-inclusive banking at RBC
and get a complimentary iPad mini 2***

LAST CHANCE! Offer now ends Sept 2nd!

Visit rbc.com/ipadminioffer



* To get an iPad mini 2, you must be a new Eligible Personal Client, open either an RBC Signature No Limit Banking account or RBC VIP Banking account during the Promotional Period, and complete the criteria by October 31, 2016. Conditions and restrictions apply. Offer available May 4 to September 2, 2016 but may be changed or withdrawn at any time without notice. For full details visit www.rbc.com/termsandconditions. © /™ Trademark(s) of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada.

THE URBAN TERRACES
from only
\$194,900
TWO STOREY, TWO BEDROOM
+ 100 SQ. FT. BALCONY
Register at campanale.com/urban



Minimalist millennials

Boomer parents' household heirlooms shunned **metroLIFE**

Ottawa metro



JUSTICE SMITH
The Get Down star's stock going way up
metroLIFE

Your essential daily news | MONDAY, AUGUST 29, 2016

High 24°C/Low 12°C Sunny



LUCY SCHOLEY/METRO



BRING THE *PainT*

Urban arts and culture fest takes over Dunbar Bridge at Brewer Park
metroNEWS

Byelection for vacated seat as early as Oct. 10

OTTAWA-VANIER

Long-time MP Mauril Belanger died after battle with ALS

Michelle Nash Baker
Metroland Media

Ottawa-Vanier constituents could go to the polls as early as Oct. 10 to vote for a new federal MP.

The Chief Electoral Officer of Canada, Marc Mayrand, received notice that the federal Ottawa-Vanier seat was vacant on Aug. 23.

According to Elections Canada, at least 11 days and no more than 180 days must pass after the notice before a byelection is called and the election must be held on a Monday.

Ottawa-Vanier's long-time serving MP Mauril Belanger died on Aug. 16 after nearly a 10 month battle with amyotrophic lateral sclerosis (ALS).

Belanger has held the Ottawa-Vanier seat since he won a byelection in 1995. He was easily re-elected in 2015, with more than 57 per cent of the vote. Upon re-election, he submitted his name for the position of Speaker of the House of Commons, but on Nov. 30 Belanger withdrew his candidacy after he received the ALS diagnosis.

Belanger continued to work, even as the disease progressed

rapidly.

"As a Member of Parliament, I intend to raise awareness by sharing this journey with my colleagues and the public so that more Canadians will learn and fight to continue research for a cure to ALS. It is in this spirit that we will continue to take each day as it comes," Belanger wrote to his constituents in the spring.

Since the date of the election must be at least 36 days after the issue of the writ, the earliest that the byelection in Ottawa-Vanier can be held is on Oct. 10, which is the Thanksgiving holiday. The latest the byelection can be held is February.

Elections Canada is an independent body set up by Parliament.

As for the provincial seat, vacated by Madeleine Meilleur on June 30, no byelection has yet been called.

Ontario Legislative Assembly Act states a seat must be filled within six months, meaning the latest Ottawa-Vanier's new provincial representative could known is January.

Meilleur announced her departure from politics on June 9. Having served Ottawa-Vanier for more than 13 years as an MPP, and before that as a municipal councillor, the 67-year-old said she wanted to spend more time with family. She served as Ontario's Attorney General and minister responsible for francophone affairs before deciding to quit politics.



Ontario Attorney General Yasir Naqvi is looking at ways to bring more technology into the justice system. TORSTAR NEWS SERVICE

Toward modern justice

REFORM

New attorney-general ready to champion technology

Ontario's new attorney general has his sights set on modernizing the justice system — a mammoth task more likely to happen in baby steps, rather than a big bang.

Yasir Naqvi (Lib—Ottawa Centre) who took over the post from a now-retired Madeline Meilleur in a cabinet shuffle in June, has spent the summer getting up to speed on his new file.

He has already identified priorities, including how courts can better use technology.

"What I am developing my thoughts around is how can we

make the system more effective and user-friendly?" Naqvi said.

"I'm from a generation where technology is a way of living. Our justice system obviously is built on a very rich foundation of tradition. What I would like to do is find ways to introduce more technological solutions."

Naqvi said he has already asked staff to look at whether electronic filing that was introduced for small claims court can be expanded to civil cases.

Naqvi hasn't practised law in nine years — he was elected to the legislature in 2007 — and said back then the entire system was paper based.

But in 2016, the state of technology in the courts in Ontario remains "deplorable," said David Sterns, president of the Ontario Bar Association.

"I think they're still working on quill pens and ink blotters,

actually," he joked.

Technology and the courts has been a neglected portfolio for a long time, Sterns said, but he is "delighted" to hear Naqvi has identified it as an essential part of improving access to justice.

"I don't know why it's so difficult," he said. "I mean, really, we're not trying to put a man on the moon. There are examples of systems, there are other programs that can be looked to, there's technology that can be licensed."

The Liberal government has been approaching court modernization in a piecemeal way since its large-scale Court Information Management System project failed in 2013 to get off the ground after four years of work. The province lost \$4.5 million when it decided to scrap the system that was supposed to enable on-



Our justice system obviously is built on a very rich foundation of tradition. What I would like to do is find ways to introduce more technological solutions.

Yasir Naqvi

line court services, including scheduling, and consolidate the ministry's three case tracking systems.

Incremental steps toward modernization include: putting next-day court dockets online, expanding the use of video conferencing, including an agreement with K-Net in northern Ontario, filing small claims online and an online service for parents to set up or change child support payments.

Naqvi plans to proceed in a similar step-by-step fashion.

"We're a big province," he said. "So when you factor in

the north and the south, the urban and the rural, there's diversity. The infrastructure is not alike across the province so one has to be mindful of that piece."

Naqvi said he wants to ensure that as the courts modernize there are still traditional, paper options for people who want to access the system in that way. So will Ontario ever see a fully paperless system?

"That's really looking into the crystal ball and I won't even try to answer that question," he said.

THE CANADIAN PRESS

LIFEGUARDS

Beach season now over

We're saying goodbye to the summer, but not to the heat.

Sunday was the last day to swim supervised at the City of Ottawa's beaches, but temperatures are expected to stay around the mid to high 20 C range for the next week, according to Environment Canada.

Washrooms will remain open and rentals are still available at Mooney's Bay, Petrie Island and Britannia Beaches until Sept. 5, but the season for lifeguards is over.

Last year the beach season ended a week earlier, prompting city councillors to extend the 2016 season.

The one-week extension cost the city \$31,000. METRO

Search continues for missing boater

Police in Ottawa and West Quebec spent the weekend searching for a boater who went missing in the Constance Bay area on Saturday.

Stephen Cozzette, 57, was last seen on his sailboat in the Ottawa River at around 1 p.m. on Saturday.

He's described as about five feet seven inches, 170 pounds, bald with short grey hair on the sides and a small scar above his right eyebrow.



Stephen Cozzette

His boat is about 35 feet long with three sails and a dull yellow and beige hull with mahogany wood trim.

Both Ottawa and MRC des Collines police are seeking the public's help.

Anyone with more information can contact the missing persons unit at 613-236-1222 ext. 7300 for 24 hour assistance.

Anonymous tips can be submitted by calling Crime Stoppers toll-free at 1-800-222-8477 (TIPS) or by downloading the Ottawa Police app.

METRO

Top chefs share their secrets in locally inspired cookbook

COMMUNITY PROJECT

Ottawa Cooks showcases 82 recipes for the city's foodies



Haley Ritchie
Metro | Ottawa

If you consider yourself an Ottawa food aficionado, now's your chance to try out a few of your favourite restaurant recipes in your own kitchen. If they don't work out, there's always a backup plan: Chances are you live pretty close to one of the 41 local eateries featured in Ottawa Cooks.

The new cookbook is hot off the press and includes 82 recipes of varying skill levels from the city's best chefs, compiled by local food and travel writer Anne DesBrisay and accompanied by the work of photographer Christian Lalonde.

The hardbound book is published by Figure 1 Publishing and is for sale at the restaurants featured in the book. It will be available in bookstores Sept. 6.

Metro Ottawa spoke to three chefs featured in the book to find out what it was like to participate in the project and why they chose the recipes they included.

Liquid nitrogen is involved in a lot of recipes.
Marc Lepine

West de Castro, Clover

"Recording a recipe for a home cook is completely different than writing it for other cooks. We work on instinct, and to quantify and record everything — it was really, really fun," said West de Castro, chef at Clover at 155 Bank St.

"There's a lot of work that goes into making a cookbook and I'm glad I only had to do two recipes for it," she added.

The two recipes De Castro submitted were a hearty-looking vegan dish: roasted brassicas with white bean purée and almond "brown butter."

The sauce doesn't contain any butter, but recreates the richness with ground almonds and olive oil.

"At the time it was the most cohesive and balanced dish that I've created and it definitely represents the kind of cooking I do," said de Castro.



Ben Baird, Ottawa STREAT Gourmet

"It's a star-studded book and it's an honour to be a part of it," said Ben Baird, who contributed the recipe for pulled pork fritters and tuna tostadas.

"Ottawa's a pretty tight-knit community in the culinary scene and I know most people in the book for sure. I've been approached to do

this kind of thing before and not taken it too seriously, but when it was Anne DesBrisay involved, well, you can't say no to Anne. I knew it would be a good book if she was behind it."

Baird runs the Ottawa STREAT Gourmet truck at Albert and O'Connor with Elyse Pion.

He said they tried to choose recipes that were fun, fairly easy and flexible — both can double as a main course or an appetizer to serve a crowd.



Marc Lepine, Atelier

For Marc Lepine — who specializes in dishes that would be impossible to create at home — developing recipes for amateurs in the kitchen was a challenge.

"We make things you'd never make at home," he said. "There's so many tools we use, so much equipment that goes into making the dishes — liquid nitrogen is involved in a lot of recipes."

Ingredients too, speciality sugars that you might not be able to get."

Instead Lepine focused on colour and presentation. One of the two dishes in the book is the Pomelo Anderson, a colourful and thoughtful plate that includes tuna, smoked avocado and a sake-soy gel sheet.

It's not for the faint of heart, but you can always visit Lepine's Atelier at 540 Rochester St. to get some inspiration.



It's a star-studded book and it's an honour to be a part of it.
Ben Baird

ALL PHOTOS CONTRIBUTED

OTTAWA • SMITHS FALLS • ARNPRIOR

Willis College graduates get 100% placement in direct field of study.

Where will you be in one year from now?
Get a career that will change your life!



1. START WITH THE WILLIS ADVANTAGE

150 years of success. Downtown Ottawa Campus. Co-op with Fortune 500 companies.

Join the thousands of our graduates who enjoy rewarding and fulfilling careers.

3. GET THE CAREER YOU'VE DREAMED OF

2. GET HELP WITH FINANCING

Come explore your many options of financing available to help. Contact us to find out more.

ADVANCED NETWORK SECURITY PROFESSIONAL DIPLOMA PROGRAM

Book an appointment with a career advisor.

Phone: 613-233-1128
Toll free: 1-877-233-1128
Email: info@williscollege.com
Online: williscollege.com

Welcome to the House of PainT

Nearly 10,000 flocked to the underside of Dunbar Bridge at Brewer Park for the House of PainT Festival of Arts and Culture **METRO**

1 A dancer takes to the stage at the House of PainT.

ANDREW KAIKAI/
INSTAGRAM

2 An artist puts the finishing spray-painted touches on his art piece near Brewer Park on Saturday.

LUCY SCHOLEY/
METRO

3 A breakdancer battles for his team's top spot in the Breaking Crew Battle at the House of PainT festival on Saturday.

CONTRIBUTED

4 A b-boy mid-jump during one of the House of PainT dance battles.

EVAN LEFEBVRE/
INSTAGRAM



FACEBOOK

Video of texting driver goes viral



Haley Ritchie
Metro | Ottawa

A video of a close call between a motorcyclist and a texting driver on Woodroffe Avenue is racking up hundreds of thousands of views online.

Erik Hanna said he was driving on Woodroffe Avenue close to Algonquin College on Saturday when he noticed the driver in front of him acting odd. Twice at a red light she was looking down at her phone and failed to advance when the light changed.

"Normally with people on cell phones I give them a hand gesture to put it down," said Hanna. "But in this case because my safety was at risk I decided to tap on her window."

The woman ignores him. The light then turns green and Hanna pulls ahead. Shortly afterwards she cuts in front of him trying to pass, in what looks like a near collision.

Once he catches up, he asks her to drive to a police station and says he will follow.

"I got it all on camera," he says, "You on the phone, you cut-

ting me off, everything."

Hanna said he continued following the woman until they reached the highway and he felt it was dangerous to keep up with her as she weaved through traffic.

"I had no idea it was going to get this much attention and was quite surprised when I went to the police station the next day to follow up and an officer told me they had already seen the video on Facebook."

Hanna said a report has been filed and he is awaiting to hear back. His online video has been watched close to 700,000 times.



A still from Erik Hanna's video, which captures his interaction with a driver who was caught texting.
FACEBOOK



ONLINE / IN CLASS LANGUAGE TRAINING FOR ONTARIO RESIDENTS ONLY

FRENCH – Level 1 to 7; September 12, 13, 2016

SPANISH – Level 1, 2, 3, 5; September 6, 8 and 12, 2016

ITALIAN – Level 1 to 6; September 7, 8, 2016

GERMAN – Level 1 to 6; September 12, 2016

PORTUGUESE – Level 1 to 2; September 13, 15, 2016 (in class only)

Time: 6 pm to 9 pm

Ongoing registration: 181 Donald Street, Ottawa

Duration: 10 weeks (30 hours in class plus 30 hours online)

Cost: \$35.00

*For more information please call: 613-741-2304 ext. 3

www.educationpermanente.ca





CALGARY WANTS PANDA SNUGGLES, TOO It's from one self-declared lover of baby panda snuggles to another. Calgary Mayor Naheed Nenshi has written to Prime Minister Justin Trudeau asking for Ottawa's help in defraying the cost of housing the critters at Calgary's zoo in two years. "As a fellow lover of cute cuddly panda cubs, and having observed with envy your recent opportunity to hold Jia Panpan and Jia Yueyue in Toronto during their naming ceremony, I trust you can understand my own desire to embrace these pandas with open arms here in Calgary," Nenshi wrote to Trudeau.

THE CANADIAN PRESS FILE

'We need housing in every province'

RESOURCES

Federal plan for homeless vets calls for shift in benefits program

Veterans Affairs officials are ready to recommend that the federal government give rental subsidies to veterans who are homeless or nearly so in order to combat what they describe as an unacceptable situation in Canada.

A draft of the new federal strategy to combat homelessness among veterans also recommends the government build new affordable housing units specifically for veterans, suggesting Canada doesn't have enough units to handle the unique needs of former military members who can have addiction and mental health issues related to their service.

The strategy says that what homeless veterans require is access to immediate housing, peer support and outreach to get

them off the street, and months or even years of intensive case management with a broad range of services.

A final draft of the strategy isn't expected to be completed and made public until later this year.

"As a department, we've got a mandate for the care, treatment and re-establishment to civilian life of veterans in general, and clearly somebody who is homeless is not successfully re-established in civilian society," said Tim Kerr, director of the veterans priority programs secretariat at Veterans Affairs Canada, which is heading up work on the strategy.

"Because of that, our minister, and our deputy minister and I and my team believe that we have an obligation to address this issue of veteran homelessness."

The recommendations, if implemented, would mark a shift in veterans benefits programs that leave no room to provide things like housing subsidies that have been successful in the United States at keeping veterans off the street.

BY THE NUMBERS

235,000

The number of Canadians who experience homelessness annually

2,250

The estimated number of veterans who use shelters

Benefits only flow to Canadian veterans who show a link between their military service and their injury or disease, a difficult task for a veteran who becomes homeless a decade after his or her service, said Jim Lowther, president of Veterans Emergency Transition Services (VETS) Canada, a volunteer-based group that has helped about 1,200 veterans off the streets in the last six years.

"We need housing in every province, designated housing for vets. We need transition homes in every province to help them get back on their feet," Lowther said. THE CANADIAN PRESS

New push for mental health funds

Canada trails the pack when it comes to mental health funding levels among comparable industrially developed nations — but advocates say a promise from the federal government to improve services means the time is ripe to push for change.

"Access to care is abysmal in most places throughout the country and of course that's linked ... not only, but very much to funding," said Louise Bradley, executive director of

the Mental Health Commission of Canada.

Bradley's organization and others, such as the Canadian Mental Health Association (CMHA), have been calling for the mental health share of health spending in the provinces and territories to increase by two percentage points over the next decade — from a national average of seven per cent to nine.

Canada's funding levels rank

near the bottom among a list of OECD countries.

Bradley says she's cautiously optimistic about the upcoming round of discussions on a new health funding agreement between Ottawa and the provinces — but even that modest increase would leave Canada behind countries such as New Zealand, Australia and the U.K., where funding levels range from 10 to 14 per cent.

THE CANADIAN PRESS

HURRY.

THIS OFFER WILL TURN INTO A **PUMPKIN**

GET A **MEDIUM** PUMPKIN SPECIALTY BEVERAGE FOR THE PRICE OF A **SMALL**

TODAY ONLY!



TIMOTHYSCAFES.COM

f /TIMOTHYSCAFES t /TIMOTHYSCAFECA

"Suggested presentation". © Registered trademark used under license by Timothy's. © 2016 Timothy's. All rights reserved.

Valid only at participating locations.



A woman wearing a burkini joins a protest outside the French Embassy in London on Thursday, during a "wear-what-you-want beach party" to protest against the ban on burkinis on French beaches. AFP/GETTY IMAGES

Burkini debate sets tone for France's election campaign

EQUALITY

Ban on Muslim swimwear has drawn global condemnation

The national identity crisis exposed by France's burkini controversy is threatening to set the tone for the country's presidential campaign.

Along with the economy, the relationship between France's Muslims and non-Muslims has been a recurring theme as presi-

dential hopefuls kick off campaigning for the April-May election. Some leftists say the far right is using the issue to encourage racism in France.

A top French court ruling Friday against banning the burkini didn't put an end to the debate. Some mayors are refusing to rescind their bans, arguing that the head-to-ankle swimwear could disrupt public order after a summer marred by Islamic extremist attacks. The burkini bans by some French coastal towns drew international condemnation after images circulated online of police appearing to require a Muslim

woman to disrobe.

Former President Nicolas Sarkozy and other some other conservative candidates want a national law banning burkinis. Sarkozy's chief rival for the conservative nomination, former Prime Minister Alain Juppe, struck a more conciliatory tone, saying on Europe-1 radio Sunday that such rhetoric "throws oil on the fire."

But at a campaign event Saturday in Chatou west of Paris, Juppe suggested putting limits on how far religious practices can reach into public life, calling for a special accord between

the state and Muslim leaders to lay out clear rules for respecting French secularism.

"It is legitimate to ask them to have a knowledge of the principles of the organization of the republican state, especially French-style secularism," he said.

The economy and security issues are likely to dominate the French campaign for the April and May presidential elections, after years of 10 per cent unemployment and a string of deadly Islamic extremist attacks.

While many on the French left criticize the burkini as oppressing women, they also fear

the issue feeds into the agenda of far-right candidate Marine Le Pen of the National Front.

Benoit Hamon, a former Socialist government minister seeking the leftist presidential nomination, tweeted Sunday that the burkini debate "is targeting Muslims once again." Hamon criticized Prime Minister Manuel Valls, a fellow Socialist, for supporting burkini bans.

Socialist President Francois Hollande, who hasn't announced whether he will seek a second term, has remained cautious in comments on the burkini.

THE ASSOCIATED PRESS

Officials vowing to investigate negligence

Italian authorities are vowing to investigate whether negligence or fraud in adhering to building codes played a role in the high death toll in last week's earthquake in Italy.

They also called for efforts to ensure organized crime doesn't infiltrate lucrative construction contracts to eventually rebuild much of the picturesque towns levelled in the disaster.

Meanwhile, rescue workers pressed on with the task of recovering bodies from the rubble, with hopes of finding any more survivors virtually vanished four days after the powerful quake.

Over the past two days, they found six more bodies in the rubble of Hotel Roma in Amatrice, the medieval hill town in mountainous central Italy that bore the brunt of destruction.

The quake that struck before dawn Wednesday also injured nearly 400 people as it flattened three medieval towns near the rugged Apennines. Prosecutor Giuseppe Saieva said the high human death toll "cannot only be considered the work of fate."

"The fault lines tragically did their work and this is called destiny, but if the buildings had been built like in Japan they would not have collapsed," Saieva said in comments carried by Italian media. THE ASSOCIATED PRESS



Firefighters retrieve a bell from the village of Rio, central Italy. THE ASSOCIATED PRESS

COLLEGE DIPLOMAS IN HEALTH CARE!

- ✓ Fitness and Health Promotion
- ✓ Medical Office Assistant
- ✓ Medical Lab Technician
- ✓ Personal Support Worker
- ✓ Pharmacy Technician

CLASSES STARTING SOON



ALGONQUIN CAREERS ACADEMY

1830 Bank St, at Walkley station • 613-722-7811 • www.algonquinacademy.com

MISSISSIPPI

Friends honour slain nuns

Friends and colleagues who knew two nuns killed in their Mississippi home are gathering Sunday to remember them, as authorities continue to investigate the crime that shocked people in the small communities where the women helped the poor. Rodney Earl Sanders, 46, has been charged in the deaths of Sister Margaret Held and Sister Paula Merrill. Many are struggling to comprehend why anyone would want to take their lives. THE ASSOCIATED PRESS

LOUISIANA FLOODS

Hopes high for recovery

In 23 years of coaching football, Dru Nettles never had to deliver a pep talk like this.

Most of his players and coaches on Denham Springs High School's football team lost homes when floodwaters ravaged their city in suburban Baton Rouge. Their battered school remains closed, but the team has a season-opening home game to play in two weeks.

The promise of Friday night football is tonic for a city at the epicenter of the catastrophe. Even the most modest signs of recovery are lifting weary spirits in Denham Springs, where flood-

ing damaged an estimated 90 per cent of homes and businesses.

"Everybody is trying so hard to get back to normalcy as much as they can. Yes, we are seeing progress. Every day, we finally see another business come back online," said Denham Springs Mayor Gerard Landry.

But he fears it could take years for this city to fully recover after more than 2 feet of rain fell in the area over a three-day period two weeks ago.

"The devastating thing is that so many people didn't have flood insurance," Landry said.

THE ASSOCIATED PRESS



Kelly Shaw CEO of educational startup Ooka Island says the business has grown since moving to TO. TORSTAR NEWS SERVICE

Canada's silicon valley

BUSINESS

Toronto's tech centre suitable home for range of new startups

Ooka Island is a rapidly growing learn-to-read software startup with roots planted in the red soil of Prince Edward Island.

But when the Charlottetown-based company planned to get serious about bringing its product to market, it needed to expand to an urban centre close to venture capitalists, a pool of skilled labour and a broader customer base.

"Once you get to the product validation stage it is hard to be on an island far away," said Kelly Shaw, CEO of Ooka Island.

Ooka Island moved into a co-sharing space at Toronto's MaRS innovation nearly two years ago. Its neighbours include other startups, advisors and investors and tech giants such as Facebook, Etsy and Airbnb.

"It's like planned serendipity — it's like these introductions and moments of connections happen and sometimes they're unexpected and sometimes they're planned," Shaw said. Once upon a time, the need for such an ecosystem might have required a move south to Silicon Valley. But now the stretch of Highway 401 that connects Toronto with Kitchener-Waterloo has many hallmarks similar to that other famous tech corridor along California's Highway 101.

The success of the tech cluster in Canada's most densely populated area has inspired cities and towns to try and emulate the formula by creating tech incubators and accelerators, helped by millions in federal government funding. But we can't all be Silicon Valley North. California's famous tech region is successful because it connects startups, venture capitalists, late-stage companies' talent and tech giants,

+ INNOVATORS

The top 10 countries on the 2016 Global Innovation Index with their scores out of 100

1. Switzerland 66.28
2. Sweden 63.57
3. United Kingdom 61.93
4. United States of America 61.40
5. Finland 59.90
6. Singapore
7. Ireland 59.03
8. Denmark 58.45
9. Netherlands 58.29
10. Germany 57.94
15. Canada

said Alex Kolicich, a 30-year-old venture capitalist who moved to the Valley after graduating from the University of Waterloo.

Lately, he's been on the hunt for more Toronto-Waterloo startups. He sees the region retaining talent that would once have relocated to the Bay Area.

"The Toronto-Waterloo corridor seems to have a lot of the ingredients you'd want in a tech centre," he said, adding that Canada has less capacity for multiple tech hubs than the U.S., so it makes sense to focus on building just a few. "The game is to have that concentration and density of talent to create that number one player, so you want to be in a serious tech ecosystem," he said. "It's very difficult to do that without concentrating."

The Canadian government wants to spark a transition from resources toward resourcefulness and is embarking on an "innovation agenda."

Details are sparse, though it did pledge in the March budget to invest up to \$800 million over four years to "strengthen innovation networks and clusters" across the country. The incubators and accelerators will be tailored to the region — clean tech in Montreal and Vancouver, or agriculture in Alberta.

TORSTAR NEWS SERVICE

CANADA POST

Postal strike talks continue

Contract talks continued between Canada Post and its largest union Sunday afternoon, with neither side hinting as to whether any progress had been made.

A federally appointed mediator began meeting with the two sides on Friday to try to reach a deal. The Canadian Union of Postal Workers said if there was no deal by midnight, it would begin job action on Monday by having its members refuse to work

overtime on a rotating basis, starting in Alberta and the Northwest Territories.

CUPW served 72 hour strike notice Thursday night, accusing Canada Post of forcing a labour disruption by refusing to bargain in good faith.

The two sides have been deadlocked for months on the issues of pay scales for rural letter carriers and proposed changes to pensions for future employees.

On Sunday, the union said

its initial plans for job action would have little effect on Canada Post customers.

"Our action will cause little to no disruption to the public," national president Mike Palecek said in a statement. "We'll still be delivering mail every day."

But a spokesman for Canada Post said the union's threat of job action was still creating uncertainty for customers.

THE CANADIAN PRESS

IN BRIEF

Mussel shortage for New England's fishing industry

The Gulf of Maine's once strong population of wild blue mussels is disappearing, scientists say.

A study from the University of California at Irvine found the numbers along the gulf coastline have declined by more than 60 per cent. Blue mussels are worth millions to the economy of New England.

THE ASSOCIATED PRESS

5GB of Data.

Don't miss our end of summer sale.



True mobile freedom is 5GB of data on our home network, plus unlimited cross-Canada talk and global text. Offer ends August 31st.

\$35/mo
for 10 months

windmobile.ca

true mobile freedom

WIND

Learn more at windmobile.ca. Offer valid from August 2 to August 31, 2016, and is subject to change without notice. To be eligible for the \$50 bonus, you must activate a new Pay Before or Pay After line on a plan with a monthly charge of at least \$45. A \$5 monthly credit will be applied to your account for up to 10 months to a maximum of \$50. For Pay Before customers, the top-up will be applied on the second bill after activation. May not be combined with any other in-market offer, with some exceptions. All services subject to WIND's Terms of Service, Fair Usage and Internet Traffic Management Policies. Applicable taxes extra. Samsung and Samsung Galaxy S7 edge are trademarks of Samsung Electronics Canada, Inc. and/or its related entities used with permission. Screen images simulated. WIND and WIND MOBILE are trademarks of Wind Telecomunicazioni S.p.A and are used under licence in Canada by WIND Mobile Corp. © 2016 WIND Mobile.



URBAN ETIQUETTE ELLEN VANSTONE



THE QUESTION

Can men wear sandals? I mean other than Jesus.

Dear Ellen,
Can men wear sandals? I mean other than Jesus.

JL

Dear JL,
Before we begin with this intensely interesting and relevant question, may I address your use of the word “can”? It means, roughly, “able to.” Obviously, any man “can” wear sandals. The question is, “should” a man wear sandals?

As with so many matters of etiquette, the answer is “it depends.”

Is the man alone on a beach? Then yes, the man should wear sandals if he wants, and in fact wear nothing but his sandals, if that is his desire. What we do in private is subject to no laws of etiquette or even common decency. Privacy is our right, as long as it doesn’t infringe on the rights of others. This is why Edward Snowden deserves a full pardon, if not a medal for service to his fellow Americans.

Is the man amongst other people on the beach? No problemo. Sandals on a beach are appropriate. Does the man have grotesque, horny Hobbit feet that will scare small children? Sorry, kids, avert your gaze if you must. But those feet have the same rights as yours to sun, sand and surf.

Is the man wearing the sandals in the workplace? If the dress code allows it, and

You might think that a contagious foot disease would be a good reason to forbid sandals, and yes, it’s only polite to cover any suppurating sores.

as long as women or others are allowed to brandish their tootsies, then there’s no way we can forbid the male of the species from peacocking his own peds. Some of us might have the old-fashioned idea that sandals on men are never a good look without sun, sand and surf to blind us to the full effect of their naked feet. But that’s a prejudice that has no place in modern, non-sexist etiquette.

Is the man wearing the sandals in a fancy restaurant? I must say, this is where I am tempted to draw the line. Every snobbish bone in my body recoils at this idea, as I think that anyone with poor enough judgment to wear sandals to a nice resto could hardly be trusted to have had a recent pedicure. But, in good conscience, I must allow it if the restaurant does.

You might think that a contagious foot disease would be a good reason to forbid sandals, and yes, it’s only polite to cover any suppurating sores that are spreading infection. (Incidentally, since you brought up Jesus, allow me to point out that a person with the unsightly symptoms of leprosy is entitled to wear sandals, since the disease is transmitted by nose and mouth.)

Finally, is the man wearing the sandals with a wetsuit on a beach in France, where he might be mistaken for a Muslim woman who doesn’t want to expose her hair or skin to UV rays or fellow beach bums? Then I would say he has every right to wear the sandals, and the wetsuit. But I would caution him that he must be prepared to deal with shameless demagogues

who at this very moment are hypocritically using “respect for women” to justify Islamophobic, racist and misogynistic persecution of “burkini”-wearing women, even though the highest court in the country has told them they’re wrong.

Sadly, I fear that old leper-loving, sandal-wearing Jewish prophet Jesus Christ himself would be in danger from these so-called Christians. Whether you believe in God or not, the fact is JC the man walked the walk when it came to loving his fellow humans, and judging not lest he be judged. And, to his peril, he wasn’t afraid to stand up to bigots and hypocrites.

Need advice?
Email Ellen:
scene@metronews.ca



ROSEMARY WESTWOOD

Personality slotting: What type of nonsense is that?

I am Type A, and I am also not. Type A doesn’t actually mean anything.

Or rather, it means no one thing, and also many things. It is an entirely useless and incredibly useful term.

If you are so inclined — if you’re so Type A as to feel the need to define yourself — you can claim Type A by pointing to various needs: to control, to find success, to reach a target, to complete a task.

If you are not so inclined — if you prefer to imagine yourself as whimsical or easygoing or accommodating or chill — you can claim anything-but-Type-A. Or everything-but-Type-A. “What are the other types?” you wonder. Everyone has forgotten. Whatever they were, the others never made the cultural impact that Type A has made. Probably thanks to Type A people.

A recent article by Melissa Dahl for New York Magazine’s Science of Us blog argues that there’s no single definition of Type A. It is, per a source she quotes, “bulls—t.”

But that’s not to say it’s inexplicable. It turns out that Type A can be traced to, of all things, tobacco corporations. Their idea was to fund research that asked whether your personality, as opposed to smokes, could be what’s killing you via heart dis-

ease. As Dahl found, the question had merit: “The research narrowed in on two components within the original conception of Type A — anger and hostility — which have indeed been shown to be linked to a higher risk of heart disease.”

This is, no doubt, why Type A has endured. The research didn’t work exactly as intended by Philip Morris and co., but it did give controlling folks everywhere a nice cosy umbrella to stand under, a place to call home.

I may balk at the idea that anger and hostility are in my nature (surely they don’t define me), but Type A has been a helpful phrase in my life.

As a teen, it helped me understand why no one else got so mad about littering, and why I could not go to school in unmatched socks. It gave me a rationalization when I felt like being outspoken. I wasn’t “bossy” (though of course I also was); I was Type A.

I still sometimes wish I could be more chill like all you other folks. But the feeling passes.

You might go with the flow, but I’m Type A. And as bulls—t as that is, we get s—t done.

Listen to Nth Wave, Rosie’s podcast on women in media:
metronews.ca/podcasts

metr
Your essential daily news

CHIEF OPERATING OFFICER, PRINT
Sandy MacLeod

VICE PRESIDENT & EDITOR
Cathrin Bradbury

EXECUTIVE VICE PRESIDENT,
REGIONAL SALES
Steve ShROUT

MANAGING EDITOR OTTAWA
Steve Rennie

ADVERTISER INQUIRIES
adinfoottawa@metronews.ca
General phone 613-236-5058

FREE TO SHARE

PHILOSOPHER CAT
by Jason Logan

IT IS BETTER TO GRASP THE UNIVERSE AS IT REALLY IS THAN TO PERSIST IN DELUSION.

CARL SAGAN

Philosopher cat now at
www.mymetrostore.ca

All that stuff nobody wants

MINIMALIST MILLENIALS

Young adults don't want to inherit family's heirlooms

Liz Brown
Metro | Canada



For years, Juliana Weberman has been dodging the household heirlooms and castoffs her parents try to gift her.

There are La-Z-Boys, various kitchen supplies and a table that belonged to her grandparents — all things her mom and dad want to pass on to her and her brother. But Weberman isn't interested in inheriting them.

"My parents' house is twice the size of mine," says Weberman, 35, who lives in a three-bedroom home in Brantford, Ont. with her six-month-old daughter and husband.

"Where would I put all that stuff?"

With high housing costs, smaller families and a later start into domestic life, millennials are shunning some of the material trappings that were their markers of success for their baby boomer parents.

It's a trend Veronica Harding has noticed in her 25 years working in estate sales. As owner of The Great Estate Sale in Toronto, Harding says she's seen a shift towards this minimalism in the younger generation.

It's particularly difficult to unload what Harding calls 'dust collectors': the Royal Doulton

figurines; the china sets; the silverware that baby boomers consider family heirlooms.

"Twenty years ago, kids took this stuff from their parents. Now they don't want it. You have to clean it, you have to polish silver; china is nice but you can't put it in the dishwasher and who has time for that in today's society?"

"And if you look at the housing situation, most young people can't afford a big house. They're living in condos and apartments so a lot of the furniture won't even fit."

David Colletto, CEO at Abacus Data, has spearheaded market research into the behaviours and tastes of millennials. He doesn't think his generation is any less materialistic than their parents — rather, as a generation, they value different, more intangible things.

Research conducted by Edelman and StrategyOne asked people aged 16-22 what they would give up out of a list of items (including cosmetics, their car, passport, smartphone and sense of smell).

Over half (53 per cent) said they would give up their sense of smell if they could keep their smartphone.

According to Colletto, this priority on connectivity through social media is what drives the millennial consumer.

"For millennials, we're not looking to express our accomplishments through nice dishes or a nice car.

"Going to cool places, being able to experience amazing things and sharing them on social media is the equivalent



Juliana Weberman says she does have the room to take on all the things passed on to her from her parents. PATRICK WEBERMAN

of those things," he says.

That's not to say millennials don't appreciate some family treasures. Weberman has kept

her grandmother's wedding band and Colletto has a hat of his grandfather's.

"It comes down to sentimentality," says Weberman, who would rather have small, meaningful items than large pieces of furniture or knick knacks.

"We'd rather take a few trips every year than have big mortgage payments on a bigger house to store all that stuff."

DISABILITY INSURANCE

Preparation is the best policy

Gail Vaz-Oxlade
For Metro Canada



One of the biggest myths about disability is that it won't happen to you.

Or maybe you think, "I'm covered at work. That's good enough." Since work-related plans seldom have the kind of coverage available on individual disability insurance policies, you could be in for a shock.

Imagine being diagnosed with a progressively debilitating disease. Imagine the relief of knowing that, while you have to stop working, you have a group disability plan that will help to make ends meet.

Imagine your disbelief when your claim is declined by the insurance company because you just aren't "disabled" enough.

Want to avoid a nasty surprise when you can least afford it? Take these questions to your benefits administrator at work and make sure you understand

the answers you get:

What's the policy's definition of disabled and how long will benefits be paid? If you can't do the job you were hired to do, will you be paid regardless of what other work you may be able to find? A weak definition of disabled can be one of the biggest holes in a plan. If your policy has an "any occupation" clause, which is typical of most group plans, the only way you'll collect is if you're unable to do any work at all. If the insurance company deems you could

be a parking lot attendant, it won't pay.

How much are you covered for and how will it be taxed? Most group policies cover employees for a certain percentage of their salaries — typically 60 to 75 per cent.

Some also have a cumulative maximum. If you pay tax on your premiums, you won't pay tax on your benefits, and vice versa.

Does my policy have a residual disability feature? Without it, years may pass before your claim

+ QUICK QUIZ

If you're over 30 years old, what's the likelihood that you'll have a long-term disability — lasting more than 90 days — at some point in your life?

1 in 10
1 in 5
1 in 3

The answer: 1 in 3.

How long would you likely remain on disability?

6 months
14 months
28 months
32 months

The answer: 32 months.

can begin because you must meet the insurance company's definition of "totally disabled."

Typical exclusions include travel outside Canada, pre-existing conditions, and alcoholism. The list can be wide and varied. Buying disability

insurance can be complicated, so get help from a qualified insurance broker. And do it before you're 30 or you'll pay through the teeth!

For more money advice, visit Gail's website gailvazoxlade.com



JOHANNA SCHNELLER
WHAT I'M WATCHING

Love and youth are timeless

THE MOVIE: *XOXO* (Netflix)
THE MOMENT: The insider cameo

DJ-wannabe Ethan Shaw (Graham Phillips, *The Good Wife*) is mixing an electronic dance music (EDM) track labeled "Mom — vocal" in his bedroom when he gets an IM: His YouTube single is racking up views. In the background, his mother calls out, "Sweetie, how many hits do we have?"

"We just passed a million," Ethan replies. He heads for the kitchen. His mother's at the table. "Are there any more comments about me?" she asks.

"Everyone's loving your voice, Mom. Seriously," he replies.

This made-for-Netflix film quickly leaves Mom in her kitchen and never looks back, as Ethan and fellow 20-somethings head off for a magical night at *XOXO*, the biggest EDM rave in America.

Ethan gets his break as a DJ and Krystal (Sarah Hyland, *Modern Family*) finds love, against

a backdrop of neon makeup, Ecstasy and Skrillex.

Look again at Mom, though: She's Ione Skye, best known as the girl John Cusack woos by holding a boom box over his head in *Say Anything*, the 1989 teen love story from music fan/writer/director Cameron Crowe, which culminates in one of the great high-school parties of cinema.

Skye's presence in *XOXO* is what I call a Reverential Cameo — a cinematic Easter egg for aficionados. It draws a line from that film to this, hoping to establish *XOXO*'s bona fides through its references. In '89 a love song was "In Your Eyes," now it's Diplo. But the filmmakers threw in that glimpse of Skye to remind those who notice that love and youth are timeless.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.



Sarah Hyland plays Krystal in EDM movie *XOXO*. CONTRIBUTED



Justice Smith plays Ezekiel Figuero in Baz Luhrmann's Netflix series *The Get Down*. CONTRIBUTED

The dawn of Justice Smith

PROFILE

Lead man in *The Get Down* is praised for breakout role

At Justice Smith's audition for *The Get Down*, Baz Luhrmann's ambitious Netflix series chronicling the birth of hip hop in 1979 New York, he performed Juicy by the late Notorious B.I.G. "You know very well/who you are," he sang. "Don't let 'em hold you down/reach for the stars."

At just 21 (his birthday was Aug. 9, meaning Juicy dropped exactly one year before he was born), the breakout star of the richly drawn series seems to indeed know very well who he is.

"I was always taught to be emotional and expressive," he says over the phone from New York, where he is still in production on the final two episodes of the first season (the first six, dubbed Part One, are streaming

now on Netflix). By contrast, his lavishly named character, Ezekiel "Zeke" Figuero, tries to hide his poetic heart. "He's expressive, but there's added pressure that he succumbs to about what it means to be a man," Smith says in his first print interview.

The long-gestating series (Luhrmann has been developing the project since 2006) follows Smith through his coming-of-age

in the creatively vibrant, fiercely violent street culture of the South Bronx, a conflux of influences that would give rise to hip hop (the show also provides a deep dive into disco's reign).

Though Smith grew up in a family of musicians, he always saw himself as the least likely to achieve musical stardom. "My parents are both singers and my sister's a singer as well," he says. "I was the only

actor." Yet this musical upbringing has served him well on *The Get Down*, in which he raps and dances with his crew the Get Down Brothers. "I would hear them singing or practising," he says of his family.

"I was always around music. Even if I wasn't actively studying it, I was absorbing it. It was just a matter of accessing it."

Though hip hop rules much of American Top 40, Smith isn't necessarily a fan: his tastes lean more toward jazz and folk than rap. "I listened to a whole bunch of hip hop from every decade," he says of his *Get Down* prep.

As part of a *Get Down* boot camp, Smith was also given a reading list. One book that stuck with him was *Down These Mean Streets*, Piri Thomas's memoir of growing up in the street scene

of Spanish Harlem.

"He talks about growing up in the ghetto and when you are walking down the street you have to have cara palo, which means stone face," he says. "It's not manly to show any emotion, because emotion is weakness."

"That was something that I tried to apply to Zeke, having a stone face, but also this deep well of emotion inside of him."

The shoot was by all accounts demanding, with *Variety* reporting it as "among the most expensive shows in history" with an extravagant \$10-million budget per episode. Though the sprawling series' lack of focus can be confusing, critics have praised Smith's performance.

Better yet, so have the fans.

It shows how well-matched Smith was with executive producer Luhrmann's heart-on-your-sleeve style. Smith's own journey might be only just beginning, but half the fun of *The Get Down* is discovering the young talent as he takes those soulful first steps. TORSTAR NEWS SERVICE

“

I was always around music. Even if I wasn't actively studying it, I was absorbing it.

Justice Smith on life at home

4 NEW TELEVISION SHOWS TO TUNE INTO THIS FALL

1 **People of Earth** (TBS) — Oct. 31

As loopy as this comedy is, it comes from a real place: there really are support groups for (self-declared) alien abductees. The show, coming to the Comedy Network mid-season, centres on a journalist (Wyatt Cenac) visiting a small town to write about such a support group and the alien encounters its members allege. His initial skepticism then gives way to unsettling suspicions that he, too, has been spirited away.



2 **Queen Sugar** (OWN) — Sept. 6

If it were only a robust melodrama, that would be enough. Its African-American ensemble and perspective make this family saga, which comes to Bravo Canada mid-season, instantly appealing. *Queen Sugar* does something any series should be proud to accomplish: it puts forth a varied group of individuals ranging from rich to poor and from reckless to righteous, minus the stereotyping.



ALL IMAGES HANDOUT

3 **The Exorcist** (CTV, Fox) — Sept. 23

To judge from the pilot, this is no pro-forma remake. No, it appears to truly be its own thing while recapturing the (evil) spirit of the chilling 1973 film. The less said beyond that, the better, other than to note that the impressive cast includes Ben Daniels and Geena Davis — and to promise a twist that, all by itself, will make the pilot episode worth checking out.



4 **The Good Place** (Global, NBC) Sept. 19

In this comedy, a paperwork glitch leads to a not-so-good young woman being mistakenly dispatched to the Good Place, where only the most virtuous are meant to gain entry. Kristen Bell plays the misdirected Eleanor who, through wiles if not through personal improvement, means to keep the mistake hidden from her Good Place overseer (Ted Danson).





YOU CAN DO THIS CUSTOMER SERVICE REPRESENTATIVE

CSR: Getting a foot in the door

WHY I LIKE MY JOB

Michael Dilorio, 33 — Manager, Client Experience in Toronto, Ont.

My first job involved taking calls from investors and financial advisors at a reputable financial planning firm.

I had no idea what I was getting into, but luckily the company provided extensive training to help build my confidence in handling client calls.

It was an entry-level role that didn't require previous experience.

Once I got my foot in the door, I took the Canadian Securities Course (CSC) to gain a better understanding of the industry.

Soon after, I progressed from front-line representative to a member of the communications team, where my writing skills were used to develop client-facing communications.

I now manage a team that helps implement and enhance the client experience by delivering front-facing online tools that provide value and generate positive end-user emotions.

Advancing to a management role in customer service requires continuous learning, positive response to change, commitment to quality work and an understanding of people.

I enjoy making a positive impact and seeing the results of my work, whether it's helping clients answer questions, ensuring their feedback is heard, or delivering quality output that users are happy with.



THE BASICS: Customer service representative

\$36,540

Median annual salary for a customer service representative. Those who advance to team lead or management-level positions can expect to earn a minimum of \$48,000 per year.

+9%

Projected job growth rate over the next 8 years.

Data for this feature was provided by: payscale.com, servicecanada.gc.ca, ontariocolleges.ca, jobbank.gc.ca and onetonline.org.

HOW TO START

Although this occupation doesn't require specific credentials, customer service representatives are arguably one of the most diversely educated professionals in the workforce. It's a popular starting point for new graduates trained in business, finance, communications and information technology; however, it's also regarded as a rewarding career for those who may not possess a degree or diploma but enjoy helping others.

WHERE YOU CAN GO

Customer service representatives work in almost every industry, including insurance, manufacturing, telecommunications and the public sector. As such, prospective employees can search for work in banks, retail stores, software firms and any environment that involves client engagement. Many companies have recently refocused their internal strategies and marketing efforts to stand out as leaders in customer service.

NEXT CAREER STEP

An experienced worker in this field can advance to a team leader or manager in a client-driven environment. Since client interactions can occur in person, over the phone or online, workers in this field are encouraged to keep abreast of emerging technologies and platforms. Using proper grammar and spelling or even learning another language will also go a long way in securing customer loyalty in web-based interactions.

CHANGE IS IN SIGHT.

Get laser vision correction today and love your life without glasses and contacts.

Starting at \$490/eye* | Book a free consultation at 1-855-301-2020 or lasikmd.com

LASIK MD
VISION

*Prices are subject to change without prior notice and vary based on prescription strength. Standard LASIK starting at \$490/eye and Custom LASIK starting at \$1,990/eye. Other conditions may apply.

Making it rain hats

MLB
Donaldson hits 3 homers in Blue Jays' comeback win

Josh Donaldson briefly turned Rogers Centre into a hockey arena on Sunday.

With the Blue Jays wearing their red uniforms on Canada Baseball Day at Rogers Centre, the Toronto third baseman hit three home runs for a hat trick in a 9-6 victory over the Minnesota Twins. Fans threw hats on the field after Donaldson's third homer in the eighth inning for the Jays, who completed the three-game sweep.

"It's one of those things, as a baseball player, you want to happen one day," said Donaldson of hitting three homers in a single game. "You don't know if it's ever going to happen, it's kind of a rare thing (and) I was happy to do it."

After the game Donaldson posted a picture on Twitter of him holding up two clear garbage bags filled with ballcaps that the grounds crew and Blue Jays mascot Ace had collected from the field.

Donaldson's two-run homer (74-56) in the seventh gave Toronto a 6-5 lead and helped extend the Twins' (49-81) losing streak to 10 games.

"You can start to see it at the beginning of this homestand, he was just missing some pitches, he just skied a couple breaking



Josh Donaldson takes a curtain call after hitting his third home run of the game on Sunday. RICK MADONIK/TORSTAR NEWS SERVICE

SUNDAY In Toronto

9

BLUE JAYS

6

TWINS

balls," said Toronto manager John Gibbons. "He's capable of that, we have a few guys who are capable of doing something like that, it's a rare feat."

The 30-year-old Donaldson followed that by completing the

homer trifecta with a solo shot to dead centre in the eighth, his 33rd. The third baseman's first career three-home run game helped Toronto rally from a 5-2 deficit after coming back from a 5-0 deficit Saturday. Following Donaldson's third homer of the day and fifth in four games, hats poured onto the field and the sell-out crowd demanded a curtain call.

"I've never had a curtain call before so that was nice. I tried to enjoy it for a second," Donaldson said. "Eddie (Encar-

nacion) was on deck after I hit the third one and he had a huge smile on his face, that kind of brought it into reality a little bit there."

R.A. Dickey gave up five runs, three earned, over six innings, scattering six hits and three walks. Minnesota starter Kyle Gibson threw 5-1/3 innings allowing four runs and eight hits.

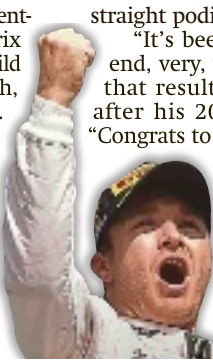
Pat Light (0-1) took the loss while Scott Feldman (7-4) pitched 2/3 of an inning in relief for the win. THE CANADIAN PRESS

FORMULA ONE

Rosberg steers clear of chaos in Belgium

Nico Rosberg won an incident-packed Belgian Grand Prix featuring a chaotic start, wild overtaking, a heavy crash, safety cars and a red flag.

The Mercedes driver's win on Sunday in Spa-Francorchamps, Belgium, saw him close the gap to nine points on teammate Lewis Hamilton, who finished third behind Red Bull's Daniel Ricciardo as the resurgent Australian driver secured a third



straight podium finish.

"It's been a great weekend, very, very happy with that result," Rosberg said after his 20th career win. "Congrats to Lewis, last place to third must be pretty impressive."

THE ASSOCIATED PRESS

Nico Rosberg
LOIC VENANCE/AFP/GETTY IMAGES

IN BRIEF

New York team wins Little League World Series title
Ryan Harlost led Endwell, N.Y., to the Little League World Series title, striking out eight and limiting South Korea to five hits in six innings in a 2-1 victory Sunday.

Endwell became the first U.S. winner since Huntington Beach, Calif., in 2011, and gave New York its first championship since 1964.

Harlost also scored the deciding run on a passed ball. THE ASSOCIATED PRESS

PREMIER LEAGUE

City goes 3-for-3 to begin campaign

Manchester City kept pace with likely title rivals Manchester United and Chelsea by beating West Ham 3-1 on Sunday for a third straight victory in the early stages of the English Premier League season.

However, what started as a lesson in pass-and-move, attacking soccer by City under new coach Pep Guardiola turned into a nervy finish at Etihad Stadium.

Raheem Sterling and Fernandinho scored in the opening 18 minutes for City, which

SUNDAY In Manchester

3

CITY

1

WEST HAM

carved West Ham open at will in a dominant first-half display that showed Guardiola's influence is already rubbing off on his players.

Sterling scored again in injury time. THE ASSOCIATED PRESS

CANADIAN OPEN

Thailand's juggernaut wins by 4 strokes

Ariya Jutanugarn ran away with the Canadian Pacific Women's Open on Sunday at chilly Priddis Greens for her LPGA Tour-leading fifth victory of the year.

Nine days after withdrawing from the Rio Olympics because of a left knee injury, the 20-year-old Thai player made a 12-foot birdie putt on the final hole for a 6-under 66 and a four-stroke victory.

Bundled up in a winter jacket between shots with the temperature in the lows 50s on the overcast afternoon in Priddis, Alta., the second-ranked Jutanugarn matched the tournament record for relation of 23 under set by So Yeon Ryu two years ago at London Hunt in Ontario and the mark for strokes of 265 set by Lydia Ko in 2013 at par-70 Royal Mayfair in Edmonton.



Ariya Jutanugarn GETTY IMAGES

South Korea's Sei Young Kim, a two-time winner this year, was second after a 65.

After a late meltdown cost Jutanugarn her first LPGA Tour victory in April in the major ANA Inspiration, she won three straight events in May. She won the Women's British Open in the event before the Olympics, and made it two in a row on the tour Sunday in the foothills of the Canadian Rockies.

THE ASSOCIATED PRESS

+

CANCON

■

The top Canadian was Hamilton's Alena Sharp, who had the best result of her LPGA Tour career, birdieing the final two holes for a 67 to finish fourth at 16 under.

■

Brooke Henderson shot a 69 to tie for 14th at 11 under.

RECIPE Orecchiette with Turkey and Broccoli



PHOTO: MAYA VISNIEI

Ceri Marsh & Laura Keogh
For Metro Canada

This is the pasta recipe you didn't know you needed. It's made with a handful of ingredients and takes no time!

Ready in 20 minutes

Prep time: 5 minutes
Cook time: 15 minutes
Serves 4 to 6

Ingredients

- 1 lb (450 g) orecchiette
- 3 Tbsp olive oil
- 4 cloves garlic, minced
- 1 onion, chopped
- 1 tsp fennel seeds or fresh thyme
- 1/2 tsp crushed dried chilis (optional)
- 1 lb ground turkey
- 4 cups of broccoli florets, cut quite small
- 1 cup chicken stock

- 1/2 cup grated Parmesan cheese

Directions

1. Cook the pasta according to package instructions.
2. Warm olive oil in a large skillet over medium heat. Add garlic, onion, fennel seeds or thyme and chilis and cook three minutes. Add the turkey and cook for another five minutes, until the meat is browned and almost cooked through.
3. Carefully add broccoli to pasta two minutes before the pasta will be done. Drain pasta and broccoli and add them to the skillet.
4. Toss everything together well. Add stock and toss more. Season to taste. Serve with a healthy sprinkle of Parmesan on top.

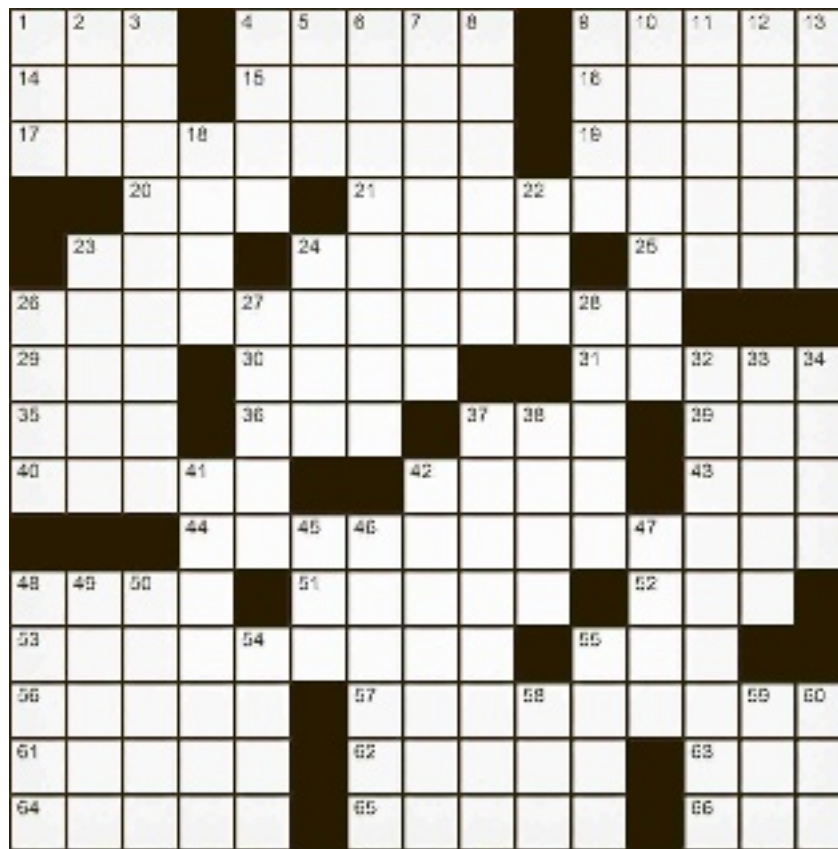
FOR MORE MEAL IDEAS, VISIT
SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Since-1916 car co.
4. Does restaurant kitchen work
9. Percussion stick
14. Ooh and _
15. Get the plant a new container
16. Dearth of Sci-Fi
17. _ hat (Topper for Abraham Lincoln)
19. French composer Jacques
20. Fleur-de-_
21. Abundance
23. Ms. Aniston, to pals
24. Hog not
25. Last loves
26. One of the 3 Chefs on Cityline: 2 wds.
29. Comic actress Ms. Gasteyer
30. Nature shelters
31. Additional
35. Mr. Blanc
36. Cold
37. Moo _ pork (Takeout dish)
39. 'I love', in Latin
40. Place
42. Summers: French
43. Wine region of Portugal
44. Shubenacadie Provincial _ _ , in Nova Scotia
48. Entreaty
51. Modern English's " _ With You"
52. 'Dial' add-on
53. Use rope, pitons and carabiners: 2 wds.
55. Mr. Gershwin



56. Grace's surname on Will & Grace
57. American playwright: 2 wds.
61. Country songstress Ms. Carter
62. Loosen
63. Shoe width size
64. Fidgety

65. Mr. McQueen
66. Assn.

DOWN

1. _-relief
2. Tangle, as fur
3. Costco _ Canada Ltd.
4. CEO
5. Celebrity's agt.

6. Light bulb moment
7. Forest clique trees?
8. Directs
9. Gladiator's 107
10. Mouse's sci. undertaking: 2 wds.
11. Folie _ _ (Foolishness shared by two)

12. Mesa _ National Park, in Colorado
13. Belonging to a single-named Art Deco designer
18. Wine, in Italy
22. Modern
23. Chrissy's sitcom roommate
24. Li'l require-

- ment
26. Rocks out in rehearsal
27. Canadian songstress, _ Onukwulu
28. Fruitless: 2 wds.
32. Appeared briefly, but memorably, in the movie: 3 wds.
33. Web store, say
34. Chess piece
37. Nova Scotia's provincial mineral
38. Bulk
41. Greet the morning
42. Component
45. Beatles: What Magill called herself
46. F Plus improvement, _ _
47. Ms. Gilpin
48. The Devil Wears _ (2006)
49. Shade of green
50. Plaudit
54. Blues guitarist Robert
55. "Makes sense now": 2 wds.
58. Ms. Ullmann
59. Poet's 'above'
60. Positive opp

★ IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
This is a good day to make long-range plans for the future regarding children, as well as plan for social activities. Relations with partners will improve in the next few weeks.

Taurus April 21 - May 21
Family discussions will be practical today, which is why it's a good day to think about how to do something in the future. Line up financing and practical support.

Gemini May 22 - June 21
Discussions with partners and close friends will be practical. Everyone is willing to work and postpone pleasure.

Cancer June 22 - July 23
If shopping today, you will want to buy long-lasting, practical items, definitely on sale. All financial discussions will be serious and pertain to future security.

Leo July 24 - Aug. 23
Someone older or more experienced might have advice for you today. Whatever the case, this is not a frivolous day — quite the opposite! You're concerned with how to get things done.

Virgo Aug. 24 - Sept. 23
Research of any kind will go well today. Maintain your steady effort to discover answers and solutions to old problems, because you will make headway.

Libra Sept. 24 - Oct. 23
A serious discussion, perhaps with an older female, might benefit you today. At the very least, listen to what is offered, because later, you might need this information.

Scorpio Oct. 24 - Nov. 22
Your interactions with someone in authority are strictly business today, which is why they want to know personal details about your private life. Do things according to the rules.

Sagittarius Nov. 23 - Dec. 21
Discussions about philosophy, higher education, religion and politics will be serious today. However, they will be productive because people are looking for solutions.

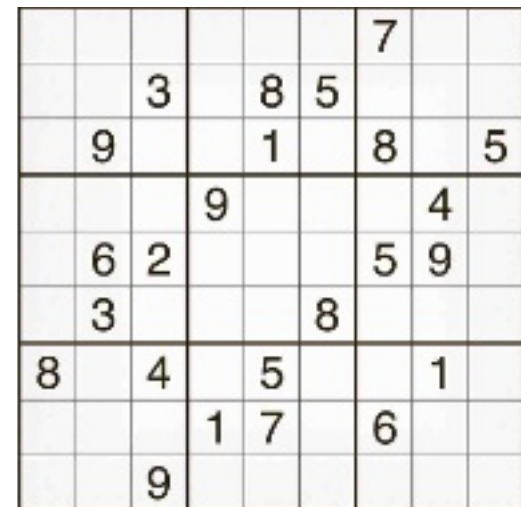
Capricorn Dec. 22 - Jan. 20
This is a good day to get your ducks in a row regarding taxes, debt, inheritances and shared property. Whatever effort you make today will produce results.

Aquarius Jan. 21 - Feb. 19
Be prepared to accommodate others, because the Moon is opposite your sign. Benefits will come to you through your willing acceptance of your responsibilities to others.

Pisces Feb. 20 - March 20
It will please you to make things more practical and orderly today, because you want to be surrounded by organization. Commonsense solutions will please you.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



FRIDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to
metronews.ca/games



CHARGED WITH
IMPAIRED
DRIVING?



NEW Location: 1901 Bank Street

www.xcopper.com



The Pensive Blizzard
\$14,000,000

Creativity is subjective. **The truth isn't.**

Truth in Advertising Matters.



Advertising Standards Canada
adstandards.com/psa